



EVERESSE

PRE & POST CARE

PRE-TREATMENT CARE

4-6 MONTHS PRIOR:

- Suspend Acutane use.

2-3 WEEKS PRIOR:

- Avoid sun exposure.
- Pre-treatment with a melanin inhibitor is suggested for patients prone to PostInflammatory Hyperpigmentation (may continue following the treatment if needed).

7 DAYS PRIOR:

- No aspirin use.

IMMEDIATELY BEFORE TREATMENT:

- Cleanse the treatment area to remove makeup and skincare.
- Remove metals and accessories.

POST-TREATMENT CARE

IMMEDIATELY AFTER TREATMENT:

- Remove any residue from the treatment area
- Apply a cool, damp cloth or gel pack to reduce any discomfort as needed. Avoid retinoids, AHAs/BHAs, or exfoliating products.
- Apply broad-spectrum sun protection (at least 30 SPF).

FIRST 24-48 HOURS:

- Use mild cleansers and a hydrating, non-comedogenic moisturizer, or any products as recommended by the treatment provider.
- Avoid using hot water on the treated area(s) for 24 hours
- Avoid steam rooms, saunas, or intense exercises that cause excessive sweating.
- Use mineral-base makeup or avoid heavy makeup products until redness subsides.
- Limit alcohol intake.